

May 18, 2024

Dr. Dipak Chetry Research Scholar
Department of Yoga Science
University of Patanjali, Haridwar, Uttarakhand
- 249405

48/41-42, DSIDC, Pocket-II
Mayur Vihar Phase-I, Delhi - 110 091(India)
Mob: 91-9821671871
Tel: 91-11-45796900, 22756995, 22754205
Email: author@rfppl.co.in, sales@rfppl.co.in
Website: www.rfppl.co.in

CIN:U22110D2009PTC193331

ARTICLE ACCEPTANCE LETTER

Dear [Dipak Chetry Research Scholar Department of Yoga Science](#),

Thank you very much for your submission to our journal. We are pleased to inform you that your paper has been reviewed, and accepted for publication. In case you have not submitted copyright form; please send scanned copy shortly through e-mail.

Title of the journal : [Indian Journal of Ancient Medicine and Yoga](#)

Article Title : [Effect of Kapalabhati Pranayama \(High Frequency Yoga Breathing\) on Psychophysiological Variables: PubMed-Based Review](#)

Article Reference Number : [IJAMY_16113_2024](#)

All Authors : [1. Dipak Chetry](#), [2. Archana Chhetri](#), [3. Ananya Gupta](#),

Corresponding Authors : [Dr. Dipak Chetry Research Scholar Department of Yoga Science](#)

Article Type : [Review Article](#)

Thank you for making the journal a vehicle for your research interests.

Best wishes,

Editor-in-Chief
([Indian Journal of Ancient Medicine and Yoga](#))

- System generated letter, hence no signature required.