

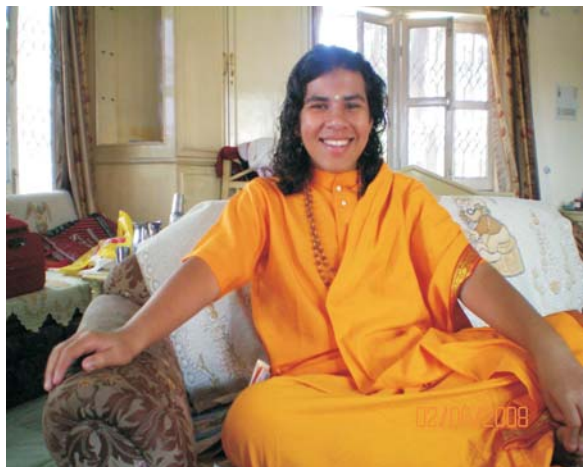
Suryaprabha Vati: A Medicinal Formulation of Monk

Kaushal Kumar

Patanjali Herbal Garden, Off: Patanjali Yogpeeth, [(DYMT), SIROs]

Haridwar- 249402 (Uttarkhand).

E-mail: drkaushal_ethnobotany@yahoo.com



India is the spiritual land. In Indian subcontinent, the spiritual saint and rishis like Charak, Shusruta have discovered the medical wisdom of Ayurveda. The saints or *sidhas* and *tapsvis* are one of the strong representatives of medicinal-lore of India. Through the incantation, religious and spiritual practices of yoga and awakening of kundalini, they achieve some super natural power which may not be completely described in words except practical feelings. *Suryaprabha Vati* is a formulation of novel herbomineral composition prepared by a great Saint Vedavid Balmahayogi Sawmi Kanhaji who has been honored by the National award as *Shrestha Bhartiya Gyani Balak* by Govt. of India in 2002. At present he is living at Panchveda Mahavidyapitham, district Angul, Orissa. He is well versed to speak on any vedic mantra and Yoga. His keen and sincere interest is to link between Ayur science and Yogic science.

THE FORMULATION

The *Suryaprabha vati* is a novel formulation which has been invented by Swami Kanhaji. The pills may be prepared equivalent to weight of a gram seed or 1gm. may cures almost all kind of human diseases and disorders if taken in night or early morning with milk as per claim of Swamiji. The ingredients for the formulations are *viz.* about 50 gm. each powder mixture of root of 'Chitrak' (*Plumbago zeylanica*), 'Mulheti' (*Glycyrrhiza glabra*), 'Nagarmotha' (*Cyperus scarious*), 'Kutki' (*Picrorrhiza*

kurroa), 'Chavya' (*Piper retrofractum*), heartwood/ extract of 'Nimba' (*Azadirachta indica*), 'Patolptra' (*Trichosanthes dioica*), bark of 'Dalchini' (*Cinnamomum zeylanicum*), androceium of 'Nagkesar' (*Mesua ferrea*), 'Amla vetas' (*Salix tetrasperma*), whole plant of 'Chirayta' (*Swertia chirayta*), twigs of 'Bharangi' (*Clerodendrum serratum*), 'Padama kashtra' (*Prunus cerasoides*), seeds of 'Khursani' (*Trachyspermum ammi*), Pipali (*Piper longum*), 'Kalimirch' (*Piper nigrum*), 'Nisoth' (*Operculina turpethum*), 'Jamalgota' (*Croton tiglium*), 'Kachur' (*Hedychium spicatum*), 'Pushkarmual' (*Inula racemosa*), 'Devdaru' (*Cedrus deodara*), 'Tamal Patta' (*Garcinia morella*), 'Kurachhal' (*Holarrhena antidysenterica*), 'Rasna' (*Pluchea lanceolata*), 'Dhamasa' (*Fagonia arabica*), 'Talish patra' (*Abies pindrow*), 'Ashwagandha' (*Withania somnifera*), buds of 'Anar' (*Punica granatum*), 'Kankol' (*Piper cubeba*), 'Netrabala' (*Pavonia odorata*), 'Anwla' (*Emblca officinalis*), 'Harre' (*Terminalia chebula*), 'Yvani' (*Hyocymaus niger*), 'Elaychi' (*Elettaria cardamomum*), 'Shunthi' (*Zingiber officinalis*), 'Jeera' (*Cuminum cyminum*), 'Daruhaldi' (*Berberis aristata*), 'Dhaniya' (*Coriandrum satium*), 'Saunf' (*Foeniculum vulgare*), prepared in 380 gm 'Guggul' (*Commiphora mukul*), 50 gm each of 'Trilavan' (rock salt, black salt, NH_3Cl), 'Swarn makshik' bhasm (copper pyrite ash), 380 gm. 'Loh bhasm' (iron ash), 760 gm 'Mishri' (sugar candy), 190 gm cow Ghee, 380 gm 'Shilajit' (black bitumen) and 95 gm. 'Chandi bhasm' (silver ash).

The formulation has been self trialed by Puja Swamiji should be taken for clinical trials for the scientific validation through the methods of Dravyaguna of Ayurveda to know about the potentials of novel formulation of *Suryaprabha vati*. The formulation has not been mentioned in *Bhaisajya Ratnavali* (Shastri, 2005) and any classical literature of Ayurveda.

ACKNOWLEDGEMENT

I am highly grateful to Swami Kanhaji Maharaj for providing secret wisdom about the formulation of *Suryaprabha Vati* for the human welfare.