

Prevalence and Pattern of Alcohol Consumption in Pondicherry Adult Males: To Bring Change in Attitude

Pushparaj R. *, Senthilkumaran R. **, Sumeet Shende***, Ajit Malani****

Sri Lakshmi Narayana Institute of Medical Sciences, Puducherry, India

E-mail: pushparajr33@gmail.com

Background

Alcohol abuse and alcoholism are one of the major public health problems in both developed and developing countries. It is major cause of mortality and morbidity. Consumption of alcohol has increased in Indian society in recent years. Alcohol consumption accounts for nearly 4% disability-adjusted life years (DALYs) lost. It not only causes chronic disease like liver cirrhosis, pancreatitis but also has social consequences such as road traffic accidents, family and domestic problems, interpersonal violence and received more public and research attention.

Pondicherry is place where there was French rule before independence and influenced by mix culture. Tourism and easy availability of alcohol in shops in comparatively low rate increases alcohol consumption in this Union Territory.

Aims and Objectives

To identify the pattern of alcohol consumption among Pondicherry adult males and its impact on their health and social life.

Material & Methods

This community based, cross sectional study carried out with the help of predesigned, pretested questionnaire using Alcohol use disorder identification test(AUDIT).

Institutional Ethical committee permission obtained prior.

Result

To be completed.