

Increasing pollution everywhere in big cities including Delhi where this Journal is coming from is causing health problems in all ages and everyone. We have seen better days of Delhi in childhood and now we see the worst days among us. Air pollution particularly in particle size is the main culprit inside and outside the house and professional places and on road due to traffic. This is causing respiratory system problem right from benign but damaging many body systems in long run to malignancies of body. The spectrum is from allergies, infections and cancers of various body organs especially lungs. We see children put on inhaling nebulizer, oxygen etc. At very young age in emergencies and adults at middle and old age with acute complications to chronic which are untreatable?

Old ladies who cooked food on Chullahs (*Angithis*) in past are suffering from COPD due to massive Lung Fibroses and die at this stage by emphysema, chronic bronchitis etc. Patients of respiratory Cancer land up generally in late advanced stages and suffer due to side effects of chemotherapy and radiotherapy. The Govt. has encouraged Cancer research and new drugs are coming up but Prognosis hasn't improved much yet. Ayurvedic sciences and medicines also being researched by big institutions like AIIMS is hopefully will support the Allopathic treatment in future with minimal side effects (medicine alternativa). New parameters are coming up in Pathological Diagnosis e.g. immunological diagnosis and Tumor markers - "Early Discovery, Full Recovery".

Water Pollution by Chemicals especially Hindon in Ghaziabad and Yamuna in Delhi is causing similar problems due to Consumption of it for drinking and eating food which is by this water by farmer. This is causing Tumors of various organs in the masses consuming this Water and Food.

Drastic measures by Govt. and NGO's should be taken to stop this trend of Cancer in Public and People should be made Self Aware to take Healthy norms. It should be taken at war footing before it is too late. Cancer is a Disease of Present and was not in Past, so obviously it is due to carcinogens of Pollution. Prevention is better than Cure and it is not the work of single person but it's a team work. Noise Pollution is another manmade menace of present due to civilization and is also coming up problem.

Bottom Line is that we had Natural atmosphere in Past, Artificial atmosphere at present and if it is not taken care it'll be big problem in future.

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